

# DSMRA PRE RIDE BRIEFING

Welcome all riders to the event, especially newbies & any visitors.

### Explain what they have signed up for:

By registering for this ride, you have accepted the Contract to Participate and have agreed to its content and accepted it as a legal document.

Has everyone filled out the sign on sheet, this allows us to easily identify you, it tells us you have signed on and signed off and completed or left the ride. It gives you an opt out & releases you from our Duty of Care should the need arise.

This ride is a Grade (state the level) ride, does everyone understand the grading system and acknowledge the grade level of this ride.

Does anyone wish to withdraw from the ride?

We recommend you have ambulance cover with aerial recovery included. If you have an accident, we will contact 000 on your behalf, we will make the call to have you looked after to the best of our ability.

#### Explain the corner man system as follows:

- Identify the lead and sweep riders.
- No one is to pass the lead rider under any circumstances.
- Give the lead rider a safety margin, do not tailgate the lead rider, he may stop suddenly at any time.
- The sweep rider will remain at the back of the ride at all times.
- When the lead rider comes to a corner, obstacle or caution point, they will stop & wait for the next rider to arrive. They will then place that rider at the corner, obstacle or caution point.
- The corner man, should park your bike in full view of the oncoming riders with the bike pointing in the direction the lead rider has ridden off in.

- The corner man should wait on the corner until the sweep appears. Do not leave the corner until the sweep arrives & acknowledges that it is OK to re-join the ride.
- Riders need to be aware that if there is an incident such as a flat, breakdown or injury they may be on that corner for an extended time. Do not leave the corner until the sweep arrives.
- If you decide you're lost, back track until you get to the last corner you saw a corner person. If no one is there, you must then wait for the sweep rider to return.

### Give a quick rundown on the ride:

- Identify the riders with UHF's first aid packs, sat phones & epirbs.
- UHF channel today is.
- Basic Route, fuel & lunch plans
- Estimated return time
- Local information, including details on private property, NPWS or Forestry details, where 4WD's can be expected.
- Be aware of the local wild and domestic wildlife and to keep a look out.

#### **Final reminder**

- This is not a race; it is a social trail ride.
- We're all here to have fun & a big part of that is going home safe at the end of the day.
- Make sure that you take responsibility for your own safety & ride within your limits.
- Beginners, ride at your own pace & hold your lines. Don't move off the track when someone comes up behind you, the faster riders will find a way around you.
- Faster riders, when passing others, do it with respect, don't shower them with rocks & dirt. Above all, let's have fun.
- We will only go as fast as the slowest rider, please note there is no pressure.

## NOTICE to ride leader and sweep.

Now that the DSMRA is affiliated with MA we must comply with MA requirements.

If any participant in the Activity suffers injury requiring transportation to **hospital**, the DSMRA will advise MA, by no later than the **next business day** to <u>legal@ma.org.au</u> of the nature of such injury - by providing a completed Injury Report Form download from our website— and the surrounding circumstances giving rise to the injury.

## Does anyone have any questions?